

PALÓC PÁROS
(Hungary)

Cpl dance from North-central Hungary.


Source: Special arrangement by Sándor Timár. Introduced by Andor Czompo.


Pronunciation: PAW-lohts PAH-rohsh


Record: Sebő Ensemble, Pepita SLPX 17482 A. "János bácsi..."
4/4 meter.

Formation: Independent cpls


MOTIFS AND SEQUENCES:

1. Double Czárdás 
 - ct 1 Step on R ft to R side.
 - 2 Step on L beside R in place.
 - 3 Step on R ft to R side.
 - 4 Close L ft to R with partial wt.
Repeat with opp ftwk and direction.

2. Turning Csárdás 
 - 1 Step on R ft in place turning 1/4 to R.
 - 2 Step on L ft in place.
 - 3 Step on R ft in place turning 1/4 to R.
 - 4 Close L ft to R with partial wt.

3. Forgó (Turning) 
 - 1 Step on R ft fwd.
 - 2 Step on L ft fwd.
 - 3 Step on R ft fwd.
 - 4 Step on L ft fwd. At the same time turn 1/2 to R.

 - 5 Step on R ft fwd.
 - 6 Step on L ft fwd.
 - 7 Step on R ft fwd. At the same time turn 1/2 to the L.
 - 8 Step on L ft fwd.

4. Ugrós (Jumping) 
 - 1 Jump onto both ft slightly to the L side.
 - 2 Leap onto the L ft in place. At the same time lift the R ft to L low fwd diag.
 - 3 Jump onto both ft slightly to the R side.
 - 4 Leap onto the R ft in place. At the same time lift L ft to R low fwd diag.
 - 5-6 Repeat cts 1-2.
 - 7 Leap onto R ft slightly to the R side. At the same time lift L ft to R low sdwd diag.
 - 8 Hop on R ft in place. At the same time swing the L lower leg with bent knee to the L side.

THE DANCE

PALÓC PÁROS (Continued)MeasPatternCsárdás

Ptrs face each other and join in a shldr-shldr-blade pos.

Melody A I. Instrumental

1-2 Introduction,

3-4 Double Csárdás (#1) two times starting to the M's R. W follows with opp ftwk.

5 M does the Turning Csárdás (#2). At the same time W does a Double Csárdás (#1) to the L, making the side steps large so that the W can follow the M's turn. W also can follow the M's turn with three regular steps (L,R,L), closing ft without wt on the 4th ct.

6 Double Csárdás (#1) to the M's L; this time the side steps are small.

7-10 Repeat meas 3-6.

11-12 Repeat meas 3-4.

Melody A II. Vocal: "János bácsi..."

In preparation for the Forgó (Turning) (#3), ptrs turn slightly to their L without releasing handholds, so that they can do the walking around each other comfortably.

1-12 Forgó (Turning) (#3) six times. The M leads the turning-twisting with gentle firmness.

Melody A III. Instrumental

1-12 This is the same as Melody A I, meas 3-12, plus, plus one more Turning (#2) and Double Csárdás (#1) as in meas 5-6.

Melody A IV. Vocal: "Aki dudás..."

1-12 Same as Melody A II.

Ugrós

Ptrs release shldr-shldr-blade pos. For a short while they can join in a R-to-R handshake hold or dance independently with hands on hips, or M holds hands free and low, W's hands fwd diag high with bent elbows.

1-12 Ugrós (Jumping) (#4) three times.

13-14 Ugrós (Jumping) (#4) cts 1-4.

15 Jump onto both ft in place, then step on the R ft fwd and shake hands with ptr.

THE SONG

János bácsi dudáljon kend,
A dudáját fujja fel kend
/: Gyengék vagyunk, elfáradunk,
Hosszú nótát ne fujjon kend :/

Aki dudás akar lenni
Pokolra kell annak menni.
/: Ott kell annak megtanulni
Hogyan kell a dudát fujni :/

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